

# Inspiring all girls to be strong, smart and bold.



## ACADEMIC ENRICHMENT AND SUPPORT

Girls will participate in programs that will lead to an improved outlook on school, setting personal and educational goals, improved academic performance and an increase in aspirations beyond high school.

## HEALTHY LIVING

Girls will participate in program activities and experiences that provide them with the knowledge, skills, and encouragement to develop and sustain a healthy lifestyle.

## LIFE SKILLS INSTRUCTION

Girls will participate in program activities and experience that build the learning, skills, and behaviors that enable them to function independently and live a productive and fulfilling life.



## WHAT SETS US APART?

### *The Girls Inc. Experience*

The Girls Inc. Experience consists of people, an environment, and programming that, together, empower girls to succeed. Trained staff and volunteers build lasting, mentoring relationships in pro-girl spaces that are physically and emotionally safe and where girls find a sisterhood of support with a shared drive, mutual respect, and high expectations. Hands-on, research-based programs provide girls with the skills and knowledge to set goals, overcome obstacles, and improve academic performance.



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*Girls Inc. has helped me express my power as a girl in this world, no matter how society tries to shape me or put me down.*



## OUR PROGRAMS

Our educational programs use a comprehensive, experiential approach with a curriculum that is solidly grounded in research. Trained educators provide in-class, after school, and out-of-school time instruction.

**Financial Literacy / Friendly PEERsuasion / Healthy Sexuality / Operation SMART  
Generation Giga Girls (G3) / Media Literacy / Project Bold  
Leadership & Community Action / Sporting Chance / Mind + Body  
Teen Leadership Circles / Eureka! / College & Career Readiness**

## PARTNER WITH US!

Girls Inc. of New York City delivers life-changing programs to girls ages 6-18 at sites all across the five boroughs. We work directly with you to plan and develop a program to meet your needs and help foster a pro-girl environment. There are different options available for program delivery.



To learn more or to bring the Girls Inc. Experience to your site, please email our team at [letspartner@girlsincnyc.org](mailto:letspartner@girlsincnyc.org) or call 212-531-7620 X.410

[www.girlsincnyc.org](http://www.girlsincnyc.org)

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